SUNDAY OF ST. THOMAS
MAY 12, 2024
On this Sunday we celebrate the appearance of our Risen Lord to the Apostle Thomas. We also remember the Martyrs Emmanuel, Theodore, George, Michael and the other George of Samothrace; Epiphanius, Bishop of Cyprus; Germanos, Patriarch of Constantinople; we remember the Removal of the Sacred Relics of Saint Joachim "Papoulakis" of Vatopaidi; and Theodorus the Righteous of Cythera.

Apolytikon of Pascha, Mode Plagal 1: Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι,ζωὴν χαρισάμενος. Christ is risen from the dead, by death trampling down upon death, and to those in the tombs he has granted life.

First Antiphon, Mode 2. Psalm 65
Verse 1: Shout to God all the earth.
Refrain: Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον ἡμᾶς.
Verse 2: Sing now to His Name. Give glory to His praise. Ref.
Verse 3: Say to God, How fearful are your works! Ref.
Verse 4: Let all the earth worship You and sing to You. Ref.
Glory to the Father… Both now and forever… Ref.

Second Antiphon, Mode 2. Psalm 66
Verse 1: Let God be gracious to us and bless us!
Refrain: Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα.
Verse 2: May He cause his face to shine upon us and have mercy on us. Ref.
Verse 3: That we may know His way on the earth, Your salvation among all the Gentiles. Ref.
Verse 4: Let all the peoples give thanks to you, O God, let all the peoples praise you. Ref.
Glory to the Father… Both now and forever… Only begotten Son and Word of God…

Third Antiphon, Mode Plagal 1.
Refrain of Pascha, Mode Pl. 1 (Χριστὸς ἀνέστη): Christ is risen from the dead, by death trampling down upon death, and to those in the tombs he has granted life.

Entrance Hymn. Mode 2. Psalm 67
Bless God in the Churches, the Lord from the fountains of Israel. Save us, O Son of God, risen from the dead. We sing to you, Alleluia!

Apolytikia & Kontakia
Apolytikon of Pascha, Mode Plagal 1: Χριστὸς ἀνέστη…
Apolytikion for this Sunday, Mode Varys: Ἑσφραγισμένου τοῦ μνήματος, ἡ Ζωὴ ἐκ τάφου ἀνέτειλας Χριστὲ ὁ Θεός, καὶ τῶν θυρῶν κεκλεισμένων, τοῖς Μαθηταῖς ἐπέστης, ἡ πάντων
ἀνάστασις· Πνεῦμα εὐθὲς δι’ αὐτῶν ἐγκαινίζων ἡμῖν, κατὰ τὸ μέγα σου ἔλεος.
O Life, You rose from the sepulcher, even though the tomb was secured with a seal, O Christ God. Then, although the doors were shut, You came to Your Disciples, O Resurrection of all. Through them You renew a right spirit in us, according to Your great mercy.

**Kontakion of Pascha, Mode Plagal 4:**

Εἰ καὶ ἐν τάφῳ κατῆλθες Ἀθάνατε, ἀλλὰ τοῦ ᾅδου καθεῖλε τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

**After the Trisagion Hymn: Order of the New Testament Readings**

**Prokeimenon of the Apostle. Mode 3.**

Great is our Lord, and great is His strength. Praise the Lord, for the Lord is good.

**The reading is from the Acts of the Apostles (5:12-20):** IN THOSE DAYS, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

**Alleluia.**

**The Gospel Reading is from John (20: 19-31):** ON THE EVENING OF THAT DAY, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: "We have seen the Lord." But he said to them: "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then He said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to Him: "Have you believed because you have seen me? Blessed are those
who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.

THE DIVINE LITURGY OF SAINT JOHN CHRYSTOSOM

Instead of ‘It is truly meet’ we sing (Σὲ τὴν φαεινὴν λαμπάδα): The shining lamp and Mother of God, the manifest glory and higher than all creatures, in hymns we magnify you.

Communion Hymn (Ἐπαίνει Ἱερουσαλήμ τὸν Κύριον): Praise the Lord, O Jerusalem: sing praises to your God, O Zion. Alleluia! (Psalm 147)

Parish Council: Team B
Milt Apostolidis – Team Leader, Nick Avdis, George Chuchas, Michael Dariotis, Stella Dariotis, Maria Sampanis

Altar Guild
Sophia Evrigenis & Mary Ellen Kassotakis

Epistle Reader
Antonia Panayotopoulos

Publication Submission Deadlines

Sunday Bulletin – Wednesdays by 4pm to nhansen@annunciationsac.org
Limited to Annunciation parish and parochial ministry activities and announcements

This Week at Annunciation Email – Wednesdays by 4pm to nhansen@annunciationsac.org
Quarterly Observer – June 10th to Observer@annunciationsac.org

ANNUNCIATION PARISH ASSEMBLY

Sunday, May 26, 2024
Following the Divine Liturgy
ANNUNCIATION SUNDAY SCHOOL

End of year BBQ

SUNDAY, MAY 19
FOLLOWING THE DIVINE LITURGY

ANNUNCIATION HELLENIC CENTER

LUNCH • MUSIC • BOUNCE HOUSE • FELLOWSHIP • FUN

RSVP AT tiny.cc/ssbbq24
MELOMAKARONA

Monday, May 20
9:00 a.m.

Please join us as we begin baking for our 61st annual Sacramento Greek Festival.

Beginners are welcome!
Come learn, support our parish, and enjoy lunch, fun, and fellowship.

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Monday, June 3 - Kourambiethes
Monday, June 17 - Koulourakia
Monday, July 1 - Paximadia
Additional dates TBD

Please contact Helen Grammatikakis at (916) 607-1627 with questions

Thank you, the Sacramento Greek Festival Committee
Practices for the month of May:
Tuesday 5/14
Tuesday 5/21
Tuesday 5/28
6:30pm
Annunciation Hellenic Center
For more info call or text Kate Margaris @ 916-718-3749

ANNUNCIATION GREEK FOLK DANCE

About Our Ministry
The Annunciation Greek Dance Program is dedicated to bringing our youth and young adults together in the spirit of Orthodox Christian fellowship and faith through folk dance and music.

Earlybird Registration opens May 12th
Scan the QR code to register and learn more about our program!

Register by June 30 to save!
Prices will increase on July 1
Registration closes on Sept 11
Epistle Reading Program

The Epistle Reading Program is open to our parish youth (ages 10+) and is a wonderful opportunity for our children to take part in the Divine Liturgy on Sundays, and serve our community!

Please register and select reading dates at the link below. A confirmation will be emailed, along with the reading(s) for the selected date(s). Assistance is available to prepare new readers. Readers are needed every Sunday.

Please contact Nicki Hansen at nhansen@annunciationsac.org with questions.

tiny.cc/epistlereaders

PROJECT MEXICO
BUILDING HOPE. SERVING PEOPLE.
JUNE 5-11, 2024

INTERESTED IN SUPPORTING OUR ANNUNCIATION PROJECT MEXICO TEAM?
MAKE A DONATION BY VISITING tiny.cc/projectmexico

Our Annunciation team will travel to Mexico this June to build a home for a family in need. All donations go directly to team travel and registration costs, which include Project Mexico administration, building materials, food, tools, supplies, staffing and other costs necessary to sustain the Project Mexico program.

Learn more at projectmexico.org/homebuilding
Questions? Contact Nicki Hansen at nhansen@annunciationsac.org
You are Invited ...

SAVE THE DATE:
MAY 13TH : 9 AM - 1 PM

Family Wellness Initiative: *Transforming Aging Together*
invites you to a Wellness Kick-Off

Thanks to the support of the Parish Council, Philoptochos, and volunteers from our parish, our church is hosting an 8-week wellness program dedicated to all aspects of healthy aging. We will meet on Mondays and Wednesdays at the Hellenic Center. Come join us for Greek coffee, walking, healthy food, meaningful connections, and more!! Whether you are 31 or 101, adults of all ages are encouraged to come.

*We are all aging ... let’s do this together!!*

For more information contact Marcia,
email: marciaharrisbrim@csus.edu
phone: 530-409-7538
Icon Painting Workshop
Annunciation Greek Orthodox Church
Sacramento, CA
July 29-August 3, 2024

Join us on this six day intensive course under the direction of visiting master iconographer and expert instructor Theodoros Papadopoulos from Greece. This Jesus Christ icon will "come alive" as he will guide you step by step, through the ancient techniques of Byzantine Iconography. Let us journey together, discovering anew, this traditional artistic expression of theology and spirituality often called the "meeting place of the Divine". Whether you are beginner or a professional, this workshop offers the opportunity to learn or refine your techniques.

Your tuition fee of $780 includes most supplies including boards, pigments, brushes etc.

Space is limited and early registration is suggested. For enrollment or information contact Mr Theodoros Papadopoulos at the email: theodoreicons@gmail.com or visit the website theodoreicons.com/sa

SUMMER HOURS BEGIN IN JUNE
8:30am Orthros, 9:30am Divine Liturgy

STAY UP-TO-DATE ON UPCOMING SERVICES AND EVENTS WITH THE

Annunciation Parish Calendar

tiny.cc/parishcalendar
The Annunciation Senior League (ASL) Hellenic Bridge Group is offering Bridge lessons for beginners and those who would like a refresher course. A series of 10 weekly lessons will be taught in our Hellenic Center by renowned Certified Bridge Teacher, Jim Bowman. Enjoy the friendly company of men and women Annunciation parishioners, while learning to play Bridge, a stimulating card game that is both challenging and fun.

For details, call or email Sophia Evrigenis at (916) 290-3615 cell, (916) 485 4316 home, or at sophiag@sbcglobal.net.
MAY 12–19

Sunday, May 12  Thomas Sunday
9:00am Orthros, 10:00am Divine Liturgy
Mother’s Day

Tuesday, May 14  6:30pm Volleyball Practice

Wednesday, May 15  7:00pm Bible Study with Fr. James

Sunday, May 19  Sunday of the Myrrh-Bearing Women
9:00am Orthros, 10:00am Divine Liturgy
AHEPA Sunday
Last Day of Sunday School
Sunday School End of Year BBQ

Happy Mother’s Day

STEWARDSHIP 2024
BELIEVE, BELONG, BE LOVED

Make your pledge online at
annunciationsac.org/stewardship
or return a pledge card to the Church Office