



SUNDAY OF ORTHODOXY  
MARCH 1, 2026

# The First Sunday of Great & Holy Lent

## The Sunday of Orthodoxy

### March 1, 2026

*Lenten Fast. Wine & oil allowed. | Plagal 1 Mode | 5th Orthros Gospel*

Today we observe the First Sunday of Great and Holy Lent, the Sunday of Orthodoxy, when we celebrate of restoration of the Holy Icons; we also remember the Holy Righteous Martyr Eudocia the Samaritan; Andonina the New Martyr; and David the Archbishop.

#### Antiphon I. Mode 2.

**Verse 1:** The Lord reigns; He clothed Himself with majesty; the Lord clothed and girded Himself with power.

**Refrain:** Through the intercessions of the Theotokos, Savior, save us.

**Verse 2:** And He established the world, which shall not be moved.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον ἡμᾶς.

**Verse 3:** Who shall tell the mighty deeds of the Lord, who shall make all His praises heard?

Through the intercessions of the Theotokos, Savior, save us.

**Verse 4:** Let those redeemed by the Lord say so, whom He redeemed from the hand of the enemy.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον ἡμᾶς.

Glory.... Both.... Amen.

Through the intercessions of the Theotokos, Savior, save us.

#### Antiphon II. Mode 2.

**Verse 1:** Let them give thanks to the Lord for His mercies and His wonders to the sons of men.

**Refrain:** Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

**Verse 2:** Let them exalt Him in the assembly of the people and praise Him in the seat of the elders.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλουῖα.

**Verse 3:** The eyes of the Lord are on those who hope in His mercy.

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

**Verse 4:** To hear the groaning of those bound, to set free the sons of the slain.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλουῖα.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages.

Amen. Only begotten Son and Logos of God....

**Festal Apolytikion, Mode 2:** Τὴν ἄχραντον Εἰκόνα σου, προσκυνοῦμεν ἀγαθέ, αἰτούμενοι συγχώρησιν τῶν πταισμάτων ἡμῶν, Χριστέ ὁ Θεός· βουλήσει γὰρ ἠϋδόκησας σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, ἵνα ῥύση οὓς ἔπλασας, ἐκ τῆς δουλείας τοῦ ἐχθροῦ· ὅθεν εὐχαρίστως βοῶμέν σοι· Χαρᾶς ἐπλήρωσας τὰ πάντα ὁ Σωτὴρ ἡμῶν, παραγενόμενος εἰς τὸ σῶσαι τὸν κόσμον.

We venerate Your immaculate icon, O good Lord, and entreat You to forgive our offences, O Christ our God. By Your own choice you were pleased to ascend the Cross in the flesh, to deliver

us, whom You created, from our slavery to the foe. Therefore we cry to You with gratitude: You have filled all things with joy, O our Savior, by coming to save the world.

**Resurrection Apolytikion, Mode Plagal 1:** Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν, ὅτι ἠυδόκησε σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγείραι τοὺς τεθνεώτας, ἐν τῇ ἐνδόξῳ Ἀναστάσει αὐτοῦ.

Let us worship the Word who is unoriginate \* with the Father and the Spirit, and from a Virgin was born \* for our salvation, O believers, and let us sing His praise. \* For in His goodness He was pleased \* to ascend the Cross in the flesh, and to undergo death, \* and to raise up those who had died, \* by His glorious Resurrection.

**Apolytikion of the Church, Mode 4:** Σήμερον τῆς σωτηρίας ἡμῶν τὸ Κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος Μυστηρίου ἡ φανέρωσις, ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

Today is the crowning moment of our salvation, and the unfolding of the eternal mystery: the Son of God becomes the Son of the Virgin, and Gabriel brings the good tidings of grace. Therefore with him let us also cry aloud to the Mother of God: Hail, full of grace! The Lord is with you.

**Festal Kontakion, Mode Plagal 4:** Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἴνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

O Champion General, I your City now inscribe to you triumphant anthems as the tokens of my gratitude, being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, from all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride!

*After the Trisagion Hymn:*

**Prokeimenon of the Apostle. Mode 4. The Prayer of Azariah.**

Blessed are You, O Lord God of our fathers,  
for You are praiseworthy and exalted beyond measure unto the ages.  
For You are righteous in all You did for us,  
all You brought on us and on Jerusalem, the holy city of our fathers.

**The Reading is from the Holy Apostle Paul's Letter to the Hebrews (11:24–26,32–40):** Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

## Alleluia

**The Gospel Reading is from John (1:43-51):** At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

## THE DIVINE LITURGY OF SAINT BASIL THE GREAT



### Parish Council: Team B

Milt Apostolidis – Team Leader, Nick Avdis, George Chuchas,  
Michael Dariotis, Stella Dariotis, Maria Sampanis

### Altar Guild

Marianna Demas

### Memorial

Kaliope Kouremetis (one year)

### Publication Submission Deadlines

**Sunday Bulletin** - Wednesdays by 4pm to [nhansen@annunciationsac.org](mailto:nhansen@annunciationsac.org)  
*Limited to Annunciation parish and parochial ministry activities and announcements*  
**Weekly Email Blast** - Wednesdays by 4pm to [nhansen@annunciationsac.org](mailto:nhansen@annunciationsac.org)  
**Quarterly Observer** - March 10th to [observer@annunciationsac.org](mailto:observer@annunciationsac.org)



# SUNDAY OF ORTHODOXY

MARCH 1, 2026

PARISHIONERS ARE INVITED TO BRING AN ICON FROM HOME  
AND JOIN THE PROCESSION AS WE CELEBRATE THE TRIUMPH  
OF ORTHODOXY AND THE RESTORATION OF THE HOLY ICONS



Please join us for tea & treats at a

## MYRRHBEARER MEET & GREET



Sunday, March 1

*Hellenic Center Foyer  
Following the Divine Liturgy*

*Girls 2nd grade and up*



RSVP at [tiny.cc/teaparty26](https://tiny.cc/teaparty26)

# 2026 ST. JOHN CHRYSOSTOM ORATORICAL FESTIVAL

SENIOR DIVISION (GRADES 10-12)  
JUNIOR DIVISION (GRADES 7-9)



## ANNUNCIATION PARISH FESTIVAL SUNDAY, MARCH 15, 2026 FOLLOWING THE DIVINE LITURGY

### AWARDS

**National finalists are eligible to receive the following:**

- St. John Chrysostom Oratorical Festival Scholarship: \$750 to \$3000
- FAITH: An Endowment for Orthodoxy and Hellenism: to be announced

**Finalists at any level are eligible to receive the following:**

- Chrysostom Scholarship to Hellenic College: \$2,500 up to \$30,000 per year

Find registration, tips, manual & additional information at  
[www.goarch.org/oratorical](http://www.goarch.org/oratorical)

Questions? Interested in participating?  
Contact [oratorical@annunciationsac.org](mailto:oratorical@annunciationsac.org)

ST. JOHN CHRYSOTOM ORATORICAL FESTIVAL  
DEPARTMENT OF RELIGIOUS EDUCATION (DRE)  
GREEK ORTHODOX ARCHDIOCESE OF AMERICA  
[www.goarch.org/oratorical](http://www.goarch.org/oratorical)



# Lenten Retreat

## Anchoring One's Life in Christ: Relationships With God, Self and Others

WITH SPECIAL GUEST SPEAKER  
MICHELLE MOUJAES  
FROM FAITHTREE RESOURCES

**Saturday, March 21**

Annunciation Hellenic Center

Registration: \$15

9:30 am *Registration & Coffee*  
10:00 am *Sessions 1 & 2*  
12:00 pm *Lunch*  
1:00 pm *Final Session with Q & A*



Scan code  
to register

### About Michelle Moujaes



Michelle Moujaes is the founder and Executive Director of Faithtree Resources and has held ministry leadership positions for over 30 years. With a background in Community Organizing and graduate studies that emphasize organizing communities of faith, Michelle earned her MSW while actively working in the film and television industry. Michelle's passion is bringing her two worlds of production and ministry together by supporting pastors and lay leaders in their ministries as well as by creating materials that engage and inspire the people in the pews. When she's not speaking or creating content for Faithtree, she can be found spending time with her husband and their four children or volunteering at St. Michael Church in Van Nuys, her home parish.

SPONSORED BY ANNUNCIATION PHILOPTOCHOS

PLEASE CONTACT ANNUNCIATIONSACEVENTS@YAHOO.COM WITH QUESTIONS



BY THE GRACE OF GOD  
AND THROUGH THE APOSTOLIC TRADITION  
OF THE LAYING ON OF HANDS

HIS EMINENCE  
**METROPOLITAN GERASIMOS**  
OF SAN FRANCISCO

WILL ORDAIN  
**DEMETRIUS THALES DOGIAS**  
TO THE HOLY DIACONATE

SUNDAY, MARCH 22ND, 2026

ANNUNCIATION GREEK ORTHODOX CHURCH  
616 ALHAMBRA BLVD  
SACRAMENTO, CA 95816  
UNITED STATES

9:00 AM ORTHROS  
10:00 AM HIERARCHICAL DIVINE LITURGY

WE HUMBLY REQUEST YOUR  
PRAYERS AND PRESENCE

Luncheon reservations are required by Wednesday, March 18  
to [tiny.cc/ordination2026](https://tiny.cc/ordination2026)



# ANNUNCIATION OF THE THEOTOKOS

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## GREEK INDEPENDENCE DAY

**TUESDAY, MARCH 24**

Great Vespers for the Annunciation 6:00 p.m.

Coffee Reception

*Hosted by Annunciation Philoptochos*

**WEDNESDAY, MARCH 25**

Orthros 9:00 a.m. • Divine Liturgy 10:00 a.m.

Flag Raising Ceremony

*AHEPA, Sacramento Chapter*

Parish Feast Day Luncheon

*Hosted by Annunciation Parish Council*

**SUNDAY, MARCH 29**

Orthros 9:00 a.m. • Divine Liturgy 10:00 a.m.

Greek Independence Day Coffee Hour Celebration

*Special Performances by Annunciation Greek School and Greek Dance*



ANNUNCIATION SACRAMENTO

# LENTEN YOUTH RETREAT

## SAVE THE DATE

### SATURDAY OF LAZARUS APRIL 4, 2026

ADDITIONAL DETAILS AND  
REGISTRATION COMING SOON



*Save the date*

Annunciation Philoptochos Society's annual

# PALM SUNDAY LUNCHEON

Sunday, April 5, 2026

Immediately following the Divine Liturgy  
Annunciation Hellenic Center

Additional details & reservation information coming soon



ANNUNCIATION



SUMMER  
DAY  
CAMP  
2026

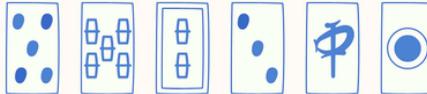
SAVE THE DATE

JUNE 15-18

DETAILS & REGISTRATION  
COMING SOON

ANNUNCIATION SENIOR LEAGUE

*Mahjong Group*



The Annunciation Senior League invites you to join us every Friday for Mahjong and good company. Whether you're an experienced player or brand new to the game, you're welcome to join us as we learn together, share conversation, and enjoy time in fellowship.

Mahjong offers a wonderful opportunity to exercise the mind while building friendships within our parish community. All ages and skill levels are welcome!

FRIDAYS  
10:00 AM

ANNUNCIATION  
PARISH LIBRARY

Please contact Bernadette Kontos with questions  
[bernadettekre1985@gmail.com](mailto:bernadettekre1985@gmail.com) or (916) 505-3946



# SUNDAY SCHOOL

Building a solid foundation for Christian education and formation

## REGISTRATION STILL OPEN FOR THE 2025-2026 SCHOOL YEAR

**DIVINE LITURGY BEGINS AT 10:00AM**  
**CLASSES BEGIN IMMEDIATELY FOLLOWING HOLY COMMUNION**

Please contact [sundayschool@annunciationsac.org](mailto:sundayschool@annunciationsac.org) with questions



**BOOKS • GIFTS • ICONS • JEWELRY • CANDLES • CHILDREN'S BOOKS & MORE**  
**OPEN EVERY SUNDAY FOLLOWING THE DIVINE LITURGY**

Visit us after liturgy today for wonderful baptism gifts, icons, children's books and items, good reads, cross jewelry, monastery incense for the home, and more!

We now have the sterling silver cross in stock.  
This cross has been uniquely designed for us  
using our parish cross and is just beautiful.



**SALE** - various items now on sale - check them out before they sell out!

Thank you for your support. Your purchases help  
the Bookstore give back to our parish community.

Contact us at [bookstore@annunciationsac.org](mailto:bookstore@annunciationsac.org)

*Become a Sponsor!*  
**COFFEE HOUR FELLOWSHIP**

The members of Philoptochos want to thank our parishioners who support us throughout the year by sponsoring Annunciation's Sunday coffee hours and bringing pastry and goodies to share. Your sponsorship and sharing promotes fellowship, and we are so grateful.

Please consider hosting a coffee hour anytime during the year! Cookies, fruit, or a cake would be great! Coffee will be made for you.

Contact Donna Wagner at (916) 214-9794 to secure a date for hosting a regular coffee hour. When contacting Effie in the church office to schedule a memorial, please let her know if you also wish to host coffee fellowship. Effie can be reached in the office at (916) 443-2033 ext 222.



**WELCOME**

ANNUNCIATION  
SACRAMENTO



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We're so glad you are here with us today!

If you are visiting, we warmly invite you to join us next door in the Hellenic Center following the Divine Liturgy for coffee fellowship.

Be sure to stop by the Welcoming Table during coffee fellowship to meet our team, ask questions, and learn more about our faith, parish, and ministries.

We look forward to greeting you!

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# STAY CONNECTED

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## THIS WEEK AT ANNUNCIATION EMAIL

Get updates, events, and news in your inbox every week

Subscribe at [mailchi.mp/annunciationsac/subscribe](https://mailchi.mp/annunciationsac/subscribe)



## PARISH CALENDAR

Service times, events, and activities – all in one place

Visit [tiny.cc/parishcalendar](https://tiny.cc/parishcalendar)



## INSTAGRAM

Photos, events, links, and more – right at your fingertips

@annunciationsac



## FACEBOOK

Live services, parish photos, and community updates

Visit [facebook.com/annunciation.sacramento](https://facebook.com/annunciation.sacramento)





## STEWARDSHIP 2026

Every photo tells the story of a moment made possible by stewardship—youth growing in the faith, families worshipping together, ministries serving others, and the traditions that strengthen our parish life.

Our Annunciation community thrives because of the dedication, involvement, and generosity of parishioners like you. For many, Annunciation is where lifelong friendships were formed and core memories were made growing up in the life of the Church. For others, it has become a welcoming spiritual home where new memories are being created, one faithful step at a time. Together, these moments weave the story of our parish.

Your commitment ensures that these ministries, memories, and experiences continue now and for the generations yet to come. Thank you for supporting the mission and life of our parish and for being an essential part of our Annunciation family.

Make your pledge online at [annunciationsac.org/stewardship](https://annunciationsac.org/stewardship) or return a pledge card to the Church Office



*Please visit the Stewardship Table during coffee fellowship to learn more about our mission and how we strengthen our parish community together.*

# MARCH 1-8

**Sunday, March 1**

**Sunday of Orthodoxy**

9:00am Orthros, 10:00am Divine Liturgy

Sunday School Classes

Myrrhbearer Meet & Greet Tea Party

6:00pm Vespers *at St. Anna, Roseville*

**Monday, March 2**

6:00pm Great Compline

7:00pm Introduction to the Eastern Orthodox Christian Church

**Wednesday, March 4**

6:00pm Greek School Classes

6:00pm Liturgy of the Presanctified Gifts

Presanctified Lenten Supper - *Hosted by Choir*

**Thursday, March 5**

6:00pm Byzantine Chant Class

**Friday, March 6**

10:00am Mahjong Group Meeting

1:30pm Annunciation Historical Group Meeting

6:00pm Salutations to the Theotokos: Second Stanza

**Sunday, March 8**

**Sunday of St. Gregory Palamas**

9:00am Orthros, 10:00am Divine Liturgy

Sunday School Classes

High School Sunday School Class & Sr. GOYA Meeting

## THE GREEK ORTHODOX CHURCH OF THE ANNUNCIATION

600 Alhambra Blvd. Sacramento, California 95816 (mailing address 616 Alhambra)

**OUR MISSION** is to bring all people to full maturity in Christ through Worship (Liturgia), Service (Diakonia), Education (Paideia), Witness (Martyria) and Fellowship (Koinonia), guided and united in all things by the One Holy Spirit.

If you are visiting with us this morning, you are most welcome! Please fill out a Visitor's Card in the Narthex. If you have questions about the Orthodox Christian faith, our schedule of services, or becoming a member of the parish, please go to our website at [www.annunciationsac.org](http://www.annunciationsac.org), or contact the church office to speak with one of the Priests (M-F, 9 am - 3:30 pm, phone (916) 443-2033).

Be sure to visit our Bookstore in the Annunciation Hellenic Center. The Bookstore is open Sundays after Church or contact [bookstore@annunciationsac.org](mailto:bookstore@annunciationsac.org) for an appointment.

Rev. Fr. Vincent Minucci, Presiding Priest | [frvincent@annunciationsac.org](mailto:frvincent@annunciationsac.org)

Rev. Fr. Timothy Robinson, Associate Priest | [frtimothy@annunciationsac.org](mailto:frtimothy@annunciationsac.org)

616 Alhambra Blvd. Sacramento, CA 95816

Office: (916) 443-2033 | Office Hours Monday-Friday 9:00am-4:30pm

[www.annunciationsac.org](http://www.annunciationsac.org)