



SUNDAY OF ST. JOHN CLIMACUS
MARCH 22, 2026

Sunday of St. John Climacus

March 22, 2026

Lenten Fast. Wine & oil allowed | Plagal 4 Mode | 8th Orthros Gospel

Today we observe the Fourth Sunday of Great and Holy Lent on which we remember our Father among the Saints, John of Sinai, author of *The Ladder of Divine Ascent*; we also remember Basil the Holy Martyr of Ancyra; Kalliniki & Vassilisa the Martyrs; and Euthemios the New Martyr.

Antiphon I. Mode 2. Psalm 103.

Verse 1: Bless the Lord, O my soul, and everything within me, bless His holy name.

Refrain: Through the intercessions of the Theotokos, Savior, save us.

Verse 2: Bless the Lord, O my soul, and forget not all His rewards.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον ἡμᾶς.

Verse 3: The Lord prepared His throne in heaven, and His Kingdom rules over all.

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2. Psalm 146.

Verse 1: Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.

Refrain: Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Verse 2: Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλουΐα.

Verse 3: The Lord shall reign forever; your God, O Zion, to all generations.

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Only begotten Son and Logos of God....

Third Antiphon. Resurrection Apolytikion. Plagal 4 Mode.

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος, ταφὴν κατεδέξω τρίήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory to You.

Apolytikion for St. John, Mode Plagal 4: Ταῖς τῶν δακρῶν σου ροαῖς, τῆς ἐρήμου τὸ ἄγονον ἐגעώρησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους ἐκαρποφόρησας, καὶ γέγονας φωστὴρ τῇ οἰκουμένῃ, λάμπων τοῖς θαύμασιν, Ἰωάννη Πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O John, our devout father. Intercede with Christ our God, for the salvation of our souls.

Apolytikion of the Church, Mode 4: Σήμερον τῆς σωτηρίας ἡμῶν τὸ Κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος Μυστηρίου ἡ φανέρωσις, ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

Today is the crowning moment of our salvation, and the unfolding of the eternal mystery: the Son of God becomes the Son of the Virgin, and Gabriel brings the good tidings of grace. Therefore with him let us also cry aloud to the Mother of God: Hail, full of grace! The Lord is with you.

Festal Kontakion, Mode Plagal 4: Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἵνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

Prokeimenon of the Apostle. Plagal 4 Mode. Psalm 75.

Pray and return to the Lord Your God.

In Judah God is known; His name is great in Israel.

The Reading is from the Holy Apostle Paul's Letter to the Hebrews (6:13-20): BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

Alleluia

The Gospel Reading is from Mark (9:17-31): AT THAT TIME, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and

the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

HIERARCHICAL DIVINE LITURGY OF ST. BASIL THE GREAT



Parish Council: Team A

Bill Evrigenis – Team Leader, Takis Fotopoulos,
Chris Georgoulas, RJ Hansen, Niko Pikios, Demetri Romas

Altar Guild

Lindsey Kivetos & Rula Manikas

Publication Submission Deadlines

Sunday Bulletin - Wednesdays by 4pm to nhansen@annunciationsac.org
Limited to Annunciation parish and parochial ministry activities and announcements
Weekly Email Blast - Wednesdays by 4pm to nhansen@annunciationsac.org
Quarterly Observer - June 10th to observer@annunciationsac.org



METROPOLIS OF
SAN FRANCISCO

*Annunciation Welcomes
His Eminence Metropolitan Gerasimos of San Francisco
and Visting Clergy*



BY THE GRACE OF GOD
AND THROUGH THE APOSTOLIC TRADITION
OF THE LAYING ON OF HANDS

HIS EMINENCE
METROPOLITAN GERASIMOS
OF SAN FRANCISCO

WILL ORDAIN
DEMETRIUS THALES DOGIAS
TO THE HOLY DIACONATE

SUNDAY, MARCH 22ND, 2026

ANNUNCIATION GREEK ORTHODOX CHURCH
616 ALHAMBRA BLVD
SACRAMENTO, CA 95816
UNITED STATES

9:00 AM ORTHROS
10:00 AM HIERARCHICAL DIVINE LITURGY

WE HUMBLY REQUEST YOUR
PRAYERS AND PRESENCE

2026 HOLY WEEK & PASCHA NEEDS

As of 3/18/26

DESCRIPTION/ PURPOSE	TOTAL COST	RECEIVED TO DATE
Pascha Stationery, Bulletin & Postage	\$900	\$0
Flowers/Daffodils - 3rd Sunday of Lent	\$250	\$0
Palm Fronds - Palm Sunday	\$475	Completed
Stefani/Wreath - Holy Thursday	Varies	Completed
Boutonnieres - Holy Friday & Saturday	Varies	Completed
Epitaphio Procession Permits, Police Escort	\$3,200	\$0
Epitaphio Flowers & Supplies	Varies	Completed
Epitaphio Candles	\$125	Completed
Candles - Holy Friday & Saturday Nights	\$1,400	\$0
Candle Cups - Holy Friday & Saturday Nights	\$470	\$0
Clergy Paschal Candles	\$400	\$0
Communion Wine	\$400	Completed
Visiting Chantor & Seminarian	\$4,250	\$0
Red Eggs & Dye	\$225	Completed
Anastasi Dinner	\$2,000	\$0
Holy Week Private Security	\$900	\$0

WAYS TO DONATE

- **CHECK** Submit a check to the Church Office. Make checks payable to *Annunciation GOC* with *Pascha needs* and items listed in the memo.
- **ONLINE** Visit tiny.cc/pascha2026 or scan the QR code below.



Your donation towards these costs, in any amount, is truly appreciated.



ANNUNCIATION OF THE THEOTOKOS

GREEK INDEPENDENCE DAY

TUESDAY, MARCH 24

Great Vespers for the Annunciation 6:00 p.m.

Coffee Reception

Hosted by Annunciation Philoptochos

WEDNESDAY, MARCH 25

Orthros 9:00 a.m. • Divine Liturgy 10:00 a.m.

Flag Raising Ceremony

AHEPA, Sacramento Chapter

Parish Feast Day Luncheon

Hosted by Annunciation Parish Council

SUNDAY, MARCH 29

Orthros 9:00 a.m. • Divine Liturgy 10:00 a.m.

Greek Independence Day Coffee Hour Celebration

Special Performances by Annunciation Greek School and Greek Dance



ANNUNCIATION SACRAMENTO
LENTEN
YOUTH
RETREAT
2026

SATURDAY OF LAZARUS

APRIL 4 | 10AM - 3PM | GRADES TK-12

DIVINE LITURGY • LENTEN BREAKFAST
TYING OF THE PALM CROSSES
LESSONS • ACTIVITIES & FUN

REGISTER AT tiny.cc/youthretreat26

REGISTRATION REQUIRED BY APRIL 1

CONTACT NHANSEN@ANNUNCIATIONSAC.ORG WITH QUESTIONS



JOIN OUR ANNUNCIATION FAMILY FOR

SATURDAY OF LAZARUS

SATURDAY, APRIL 4

9:00AM ORTHROS, 10:00AM DIVINE LITURGY

FOLLOWED BY A LENTEN BREAKFAST SPONSORED BY PHILOPTOCHOS
AND TYING OF THE PALM CROSSES



Save the date

Annunciation Philoptochos Society's annual

PALM SUNDAY LUNCHEON

Sunday, April 5, 2026

Immediately following the Divine Liturgy
Annunciation Hellenic Center

Additional details & reservation information coming soon





Join us as we
**DECORATE
THE KOUVOUKLION
& CHURCH**

Holy Friday, April 10
11:00am · Following the Great Hours

All are welcome!

Please bring your floral shears

Parish youth must be supervised by an adult

PASCHA PICNIC

AT HELLENIC PARK, LINCOLN

SUNDAY, APRIL 12, 2026

GATES OPEN AT 7:00AM
AGAPE VESPERS AT 12:00PM

HELLENIC PARK
4775 Moore Road
Lincoln, CA 95648

- 🍇 Please bring your own food, beverage, tables and chairs
- 🌊 Park grounds have electricity, running water & restrooms
- 🍷 All are welcome to attend
- 🎫 Free admission

DIRECTIONS

Hwy 80 towards Reno, Exit Hwy 65 North towards Lincoln
Left on Twelve Bridges, Left on Industrial Blvd
Right on Athena Rd, Right on Fiddyment
Left on Moore, Right on Ferreira Rd

Picnic will be held weather permitting

For more information, please contact Chris Georgoulis
(916) 541-6124 or cgeorgoulis@gmail.com

Sponsored by the Hellenic Orthodox
Education & Cultural Center

MYRRHBEARERS

Girls 2nd grade and up



Practices

Sunday, March 8 - following the Divine Liturgy
Sunday, March 15 - following the Divine Liturgy
Sunday, March 29 - following the Divine Liturgy
Saturday of Lazarus, April 4 - following the Lenten Youth Retreat
Palm Sunday, April 5 - following the Divine Liturgy
Holy Friday, April 10 - following the Great Hours

Meet in the Sunday School pews

Services

Holy Friday, April 10 - The Descent from the Cross - 2:45pm (optional)
Holy Friday, April 10 - The Service of the Lamentations - 6:45pm
Holy Saturday, April 11 - Vespertal Liturgy of St. Basil - 10:00am (optional)
Holy Saturday, April 11 - Vigil of Pascha - 11:00pm (optional)



Registration required at tiny.cc/myrrhbearer

We ask that participants attend a minimum of three practices

A limited number of white dresses in various sizes are available for use

Please contact nhansen@annunciationsac.org with any questions

Philoptochos *Easter Baking Day*

Philoptochos will be selling koulourakia for Pascha. If you would like to help with making koulourakia, please join us!

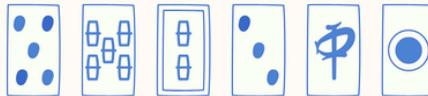
Monday, March 9
Monday, March 16
Monday, March 23
Friday, March 27
Monday, March 30
Friday, April 3

9:00am

Annunciation Hellenic Center Kitchen

ANNUNCIATION SENIOR LEAGUE

Mahjong Group



The Annunciation Senior League invites you to join us every Friday for Mahjong and good company. Whether you're an experienced player or brand new to the game, you're welcome to join us as we learn together, share conversation, and enjoy time in fellowship.

Mahjong offers a wonderful opportunity to exercise the mind while building friendships within our parish community. All ages and skill levels are welcome!

FRIDAYS
10:00 AM

ANNUNCIATION
PARISH LIBRARY

Please contact Bernadette Kontos with questions
bernadettekre1985@gmail.com or (916) 505-3946

Greek Orthodox Ladies Philoptochos Society



EASTER BAKE SALE

Sunday April 5, 2026

Hellenic Center Foyer
12:00 a.m. – 2:00 p.m.

Happy Easter!
Καλη Ανασταση!



To ensure availability pre-order by March 29

Scan the QR code or visit us online at <https://annunciation-greek-orthodox-ladies-philoptochos.square.site/>

You may also email Despina DespinaDemas@outlook.com or call Toula at (916) 745-5022

Orders can be mailed to: Annunciation Philoptochos Attn: Bake Sale 616 Alhambra Blvd Sacramento, CA 95816.

Name _____ Phone _____ Date Ordered _____

Tsourekia	\$18 per loaf	_____	_____
Koulourakia	\$12 per dozen	_____	_____
Kourabiethes	\$20 per dozen	_____	_____
Kourabiethes with almonds	\$20 per dozen	_____	_____
Baklava	\$25 per dozen	_____	_____
Combination Box (4 Baklava, 4 kourambiethes, 4 melomakarona, 3 Koulourakia)	\$25 per dozen	_____	_____
Kadaifi	\$30 per pan	_____	_____
Galaktoboureko	\$35 per pan	_____	_____
Baklava	\$40 per pan	_____	_____
Philoptochos Cookbook	\$25 each	_____	_____

Total _____

Readers Needed for Agape Service

On Pascha morning, the Gospel is proclaimed in many languages as a sign of the universal joy of the Resurrection.

If you are able to read in another language and would like to participate, please contact Fr. Vinnie at frvincent@annunciationsac.org.



**BOOKS • GIFTS • ICONS • JEWELRY • CANDLES • CHILDREN'S BOOKS & MORE
OPEN EVERY SUNDAY FOLLOWING THE DIVINE LITURGY**

Visit us after liturgy today for wonderful baptism gifts, icons, children's books and items, good reads, cross jewelry, monastery incense for the home, and more!

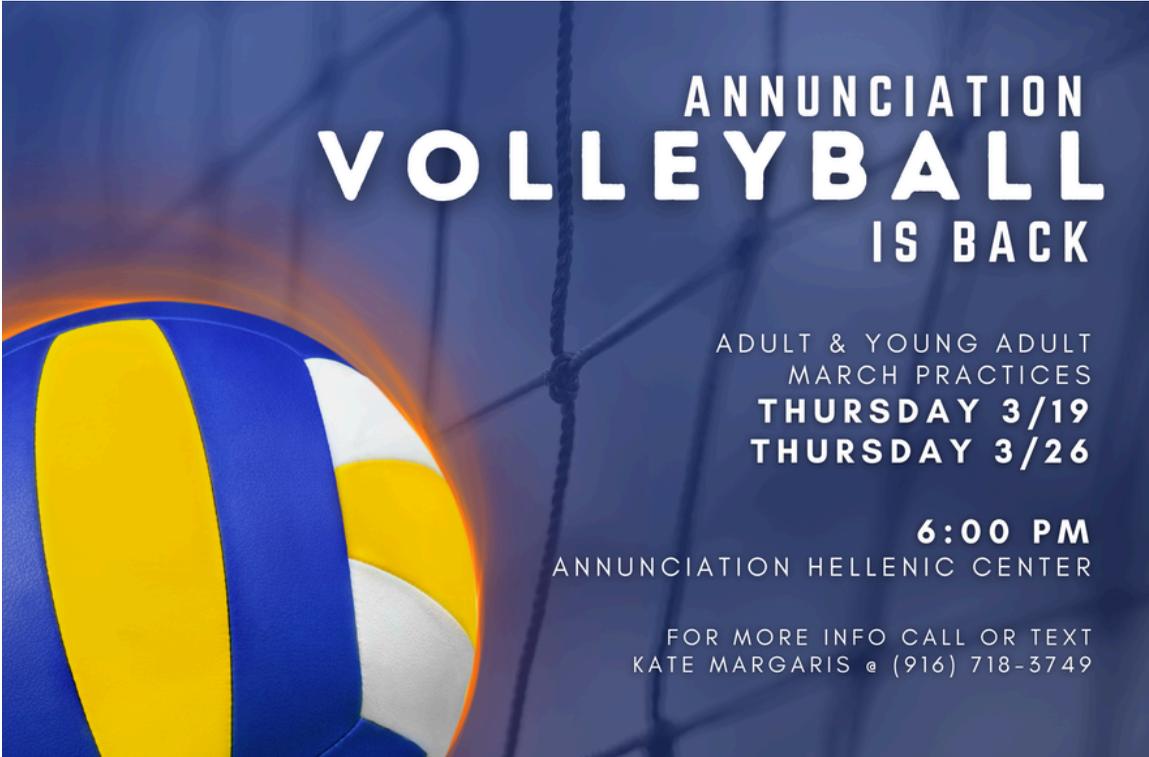
We now have the sterling silver cross in stock. This cross has been uniquely designed for us using our parish cross and is just beautiful.



SALE - various items now on sale - check them out before they sell out!

Thank you for your support. Your purchases help the Bookstore give back to our parish community.

Contact us at bookstore@annunciationsac.org



ANNUNCIATION VOLLEYBALL IS BACK

ADULT & YOUNG ADULT
MARCH PRACTICES
THURSDAY 3/19
THURSDAY 3/26

6:00 PM
ANNUNCIATION HELLENIC CENTER

FOR MORE INFO CALL OR TEXT
KATE MARGARIS @ (916) 718-3749

2026 YOUTH VOLLEYBALL REGISTRATION

FOURTH GRADE AND UP

VISIT tiny.cc/youthvolleyball26

REGISTRATION & TOURNAMENT PARTICIPATION REQUIRED

**TEAM FORMATION AND PRACTICE DETAILS TO
FOLLOW PENDING SUFFICIENT REGISTRATIONS**

FOR MORE INFO CALL OR TEXT KATE MARGARIS @ (916) 718-3749





SUNDAY SCHOOL

Building a solid foundation for Christian education and formation

REGISTRATION STILL OPEN FOR THE 2025-2026 SCHOOL YEAR

DIVINE LITURGY BEGINS AT 10:00AM
CLASSES BEGIN IMMEDIATELY FOLLOWING HOLY COMMUNION

Please contact sundayschool@annunciationsac.org with questions



SAVE THE DATE

JUNE 15-18

**DETAILS & REGISTRATION
COMING SOON**

Become a Sponsor! COFFEE HOUR FELLOWSHIP

The members of Philoptochos want to thank our parishioners who support us throughout the year by sponsoring Annunciation's Sunday coffee hours and bringing pastry and goodies to share. Your sponsorship and sharing promotes fellowship, and we are so grateful.

Please consider hosting a coffee hour anytime during the year! Cookies, fruit, or a cake would be great! Coffee will be made for you.

Contact Donna Wagner at (916) 214-9794 to secure a date for hosting a regular coffee hour. When contacting Effie in the church office to schedule a memorial, please let her know if you also wish to host coffee fellowship. Effie can be reached in the office at (916) 443-2033 ext 222.



STAY CONNECTED



THIS WEEK AT ANNUNCIATION EMAIL

Get updates, events, and news in your inbox every week

Subscribe at mailchi.mp/annunciationsac/subscribe



PARISH CALENDAR

Service times, events, and activities – all in one place

Visit tiny.cc/parishcalendar



INSTAGRAM

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[@annunciationsac](https://www.instagram.com/annunciationsac)



FACEBOOK

Live services, parish photos, and community updates

Visit facebook.com/annunciation.sacramento





EVERY MINISTRY
EVERY MOMENT
EVERY BLESSING

YOUR STEWARDSHIP
MAKES IT POSSIBLE

STEWARDSHIP 2026

Every photo tells the story of a moment made possible by stewardship—youth growing in the faith, families worshipping together, ministries serving others, and the traditions that strengthen our parish life.

Our Annunciation community thrives because of the dedication, involvement, and generosity of parishioners like you. For many, Annunciation is where lifelong friendships were formed and core memories were made growing up in the life of the Church. For others, it has become a welcoming spiritual home where new memories are being created, one faithful step at a time. Together, these moments weave the story of our parish.

Your commitment ensures that these ministries, memories, and experiences continue now and for the generations yet to come. Thank you for supporting the mission and life of our parish and for being an essential part of our Annunciation family.

Make your pledge online at annunciationsac.org/stewardship
or return a pledge card to the Church Office



MARCH 22-29

Sunday, March 22

Sunday of St. John Climacus

8:30am Orthros, 10:00am Hierarchical Divine Liturgy
Family Church Day - No Sunday School Classes
Ordination of Demetrius Dogias to the Holy Diaconate
Ordination Luncheon - *Reservations Required*

Monday, March 23

9:00am Philoptochos Easter Baking
10:00am Presanctified Liturgy
6:00pm Great Compline
7:00pm Introduction to the Eastern Orthodox Christian Church

Tuesday, March 24

6:00pm Great Vespers for the Annunciation of the Theotokos

Wednesday, March 25

Annunciation of the Theotokos

9:00am Orthros, 10:00am Divine Liturgy
Flag Raising
Parish Feast Day Luncheon
6:00pm Greek School Classes
Church Office Closed

Thursday, March 26

6:00pm Adult & Young Adult Volleyball
6:00pm Byzantine Chant Class

Friday, March 27

9:00am Philoptochos Easter Baking
10:00am Mahjong Group Meeting
6:00pm Salutations to the Theotokos: The Akathist Hymn

Sunday, March 29

Sunday of St. Mary of Egypt

9:00am Orthros, 10:00am Hierarchical Divine Liturgy
Sunday School Classes
Myrrhbearer Practice
Greek Independence Day Coffee Hour Celebration

THE GREEK ORTHODOX CHURCH OF THE ANNUNCIATION

600 Alhambra Blvd. Sacramento, California 95816 (mailing address 616 Alhambra)

OUR MISSION is to bring all people to full maturity in Christ through Worship (Liturgia), Service (Diakonia), Education (Paideia), Witness (Martyria) and Fellowship (Koinonia), guided and united in all things by the One Holy Spirit.

If you are visiting with us this morning, you are most welcome! Please fill out a Visitor's Card in the Narthex. If you have questions about the Orthodox Christian faith, our schedule of services, or becoming a member of the parish, please go to our website at www.annunciationsac.org, or contact the church office to speak with one of the Priests (M-F, 9 am - 3:30 pm, phone (916) 443-2033).

Be sure to visit our Bookstore in the Annunciation Hellenic Center. The Bookstore is open Sundays after Church or contact bookstore@annunciationsac.org for an appointment.

Rev. Fr. Vincent Minucci, Presiding Priest | frvincent@annunciationsac.org

Rev. Fr. Timothy Robinson, Associate Priest | frtimothy@annunciationsac.org

616 Alhambra Blvd. Sacramento, CA 95816

Office: (916) 443-2033 | Office Hours Monday-Friday 9:00am-4:30pm

www.annunciationsac.org